

360: Millionaire Marketer Finds His Purpose

10 Point Checklist

Yanik Silver

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a 10 point checklist that gives the next, real steps you can take for introducing these insights and optimizing your life.

Get **YOURSELF OPTIMIZED**

HOSTED BY **STEPHAN SPENCER**



"We know we are on the right track when the universe continuously gives feedback through synchronicities & magical moments."

YANIK SILVER

10 STEPS YOU CAN TAKE TODAY

**Want to take charge of your health, wellness, and success?
Here are 10 steps that can move you closer to your goals – today.**

- Assess how I perceive things. Whether they're a miracle or meaningful coincidence, I must remain open to seeing their impact.
- Be willing to have "the suspension of disbelief" by opening my heart to possibilities and witnessing the magic that will start to happen.
- Develop a spiritual practice not just for enlightenment but also to connect to more subtle energies.
- Don't be afraid to explore and open up to new exciting things with reverence, understanding, and proper guidance.
- Try journaling to capture every moment and see what's going on in my inner world.
- Always have fun. Combine it with growth and impact to be a successful entrepreneur.
- Intuition comes from pattern recognition. So I must start recognizing patterns and trusting my gut to develop my intuitive capabilities.
- Continue to invent, reinvent, and do the things that I want to see in the world. Visionary entrepreneurs use all of it.
- Create art every day. Whether it's in writing, singing, dancing, painting, or building something, I strengthen my spirit through creative flow.
- Visit Yanik Silver's [website](#) and learn more about his [Cosmic Journal](#) to create a significant impact to the world.

To view the transcript, resource links and listen to the podcast, visit:

<https://www.getyourselfoptimized.com/millionaire-marketer-finds-his-purpose-with-yanik-silver/>