155: Shift Your Destiny

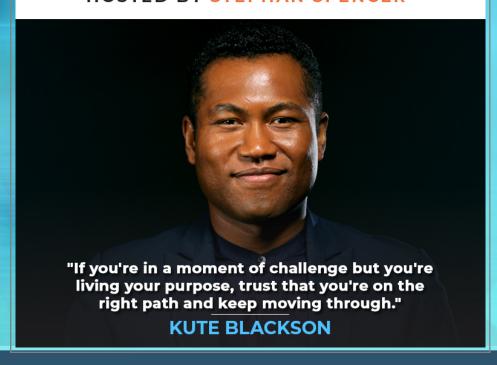
10 Point Checklist

Kute Blackson

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a **10 point checklist** that gives the next, real steps you can take for introducing these insights and optimizing your life.

Get YOURSELF OPTIMIZED

HOSTED BY STEPHAN SPENCER



10 STEPS YOU CAN TAKE TODAY

Want to take charge of your health, wellness, and success? Here are 10 steps that can move you closer to your goals – today.

	actions and my life.
	Don't dwellTake full responsibility for my life and realize that no one is out there to save me or shape my destiny except myself.
	Take the first step in the journey of transformation by being completely honest with myself. Stop lying to myself when I know deep down who I am and what I really want.
	Stop waiting, say yes, and use everything in my power to go after my calling. That is where my true purpose is found.
	Don't let finances be a hindrance. Educate myself through books that can help me become more skilled and marketable in my craft.
	Put my dreams in motion by setting realistic goals and making sure that I achieve them on a given timeline. Dreams only work when I do.
	Don't run away from my past pain, trauma, and struggles. Embrace them as gifts that have helped me become who I am today.
	Carefully think through my decisions knowing that my daily activities will affect my future.
	Be prepared for the challenges that come with my calling. Trust that I will overcome everything for the sake of my dream.
	Use my gift to help others. Everyone's true purpose in life is going on a journey of finding their purpose and helping other people find theirs along as well. Everyone's true purpose is to go on a journey of discovery and to help others find their calling.
	Grab a copy of Kute Blackson's book, You Are The One.
То	view the transcript, resource links and listen to the podcast, visit:
http	os://www.getyourselfoptimized.com/shift-your-destiny-with-kute-blackson/