# 102: The Art of Building Wealth (and Keeping It!)

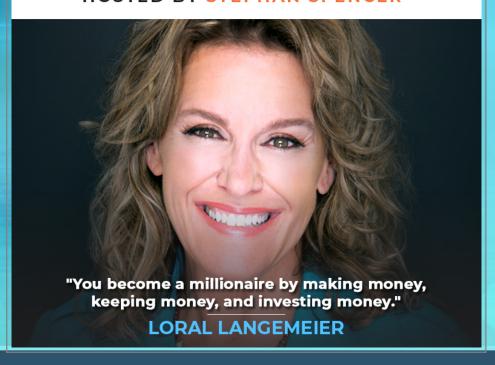
### **Milestone Checklist**

# **Loral Langemeier**

Want to gain as much knowledge as possible out of Get Yourself Optimized? Read on below for a **milestone checklist** that gives the next, real steps you can take for introducing these insights and optimizing your life.

# Get YOURSELF OPTIMIZED

#### HOSTED BY STEPHAN SPENCER



## STEPS YOU CAN TAKE TODAY

Want to take charge of your health, wellness, and success? Here are steps that can move you closer to your goals – today.

Ш	Attend at least one Accountability Call per week.
	Attend at least one Laser Call per month.
	Digest items in WFP, complete workbooks.
	120 Day Plan completed.
	Business accounts set up.
	Business Plan created.
	Wealth Plan created.
	Content developed for website.
	Website created.
	Landing page created (collect names, phone #'s & emails).
	Set up a data base system.
	Lead generation – 10-20 names, phone #'s & emails per day.
	Call 20 people a day.
	Complete money rules.
	Solidify sales process.
	Marketing/Sales Funnel complete.
	Fill in data base.
	Quick Books or equivalent set up.
	Filing cabinet organized.
	Create/update/review social presence (Face Book, Twitter).
	Set up Entity ('s).
	Create Tax Plan.

Asset Plan begun: Asset classes and percentages allocated to each.
☐ Write a Press Release.
☐ Team in place (hire as needed).
Have a "Grand Opening" party.
☐ Speak or Present at 2-6 events per month.
☐ Update & review profit & loss statement (bring to session 3).
☐ IRA or retirement funds strategy.
☐ Develop 2 new pieces of content every week.
☐ Write an article and or Blog.
☐ Continue to educate children if applicable.
☐ Continue Asset Allocation Planning.
☐ Insurance & Trust review.
Perform Due Diligence on 2 Different Investments.
Find JV or Affiliate partner.
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